



Workplace integrated suicide prevention

USC HREC ETHICS APPROVAL NUMBER: S191275

Aim:

The aim of this study is to evaluate the effectiveness of workplace-based, tiered suicide prevention training for employees and their managers.

Participant eligibility:

- a Sunshine Coast based organisation
- participating staff and volunteers must be 18 years or older
- proficient in spoken and written English

What the project involves:

The Workplace Integrated Suicide Prevention project will use an organisation-based, tiered approach to suicide prevention gatekeeper training (SP-GKT). Employees and managers from participating organisations will be invited to undertake a series of SP-GKT programs:

1. General Awareness Training (1 hour)
2. SafeTALK (3 hours)
3. ASIST and/or Mental Health First Aid (2 days)

Participants are welcome to do as many or as few of the SP-GKT programs as they'd like, depending on the level of knowledge and skill they would like to obtain in suicide prevention.

Participants will be asked questions regarding their skills, knowledge, and values regarding identifying and responding to suicidal thoughts and behaviours before and after their SP-GKT, and at 6- and 12-months follow-up.

Key outcomes:

- Understanding of how SP-GKT skills and knowledge are maintained over time in a workplace setting, with consideration for different tiers of training
- Evidence to support the development of a SP-GKT 'best practice' for workplace integrated suicide prevention and industry benchmarks
- Insight into how workplace integrated suicide prevention training can improve mental health awareness and workplace culture

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the alliance
for suicide prevention
sunshine coast

Get involved:
thealliance.org.au/training