



Gatekeeper training in suicide prevention

USC HREC ETHICS APPROVAL NUMBER: S181250

Aim:

The aim of this study is to evaluate whether suicide prevention gatekeeper training can improve peoples' preparedness, knowledge, and self-efficacy in responding to suicide and whether this is maintained over time.

Participant eligibility:

- 18 years old or above
- proficient in spoken and written English

What the project involves:

Participants will be asked a range of questions regarding their preparedness, knowledge, and self-efficacy in responding to suicide before and after participating in a suicide prevention gatekeeper training (SP-GKT) program.

We also want to know how well SP-GKT can improve knowledge and behaviour over time, so participants' will be sent follow up surveys via email 6- and 12-months after completing their training.

Key outcomes:

- Understanding of how SP-GKT skills and knowledge are maintained over time, and whether concurrent resilience training may support long-term improvements
- Insight into the impact that SP-GKT and resilience training have on brain processing and function
- Evidence to support the development of a SP-GKT schedule to optimise suicide prevention skills and knowledge in the community

For more information, contact:

Dr Amanda Clacy
Research Fellow (Suicide Prevention)
aclacy@usc.edu.au



the alliance
for suicide prevention
sunshine coast

Get involved:

thealliance.org.au/training